



Summer 2016

Together we improve the well-being of the people we serve

Between Us

The Perley and Rideau Veterans' Health Centre Foundation ♦ OTTAWA, ONTARIO

A Life of Service, A Gift of Service

By Peter McKinnon



Hallie Sloan

Hallie Sloan capped off a remarkable life of service with a generous donation in her will to the Perley Rideau Foundation. For those who knew her—or for anyone who reads through the list of her exceptional accomplishments—the bequest comes as no surprise. Hallie Sloan dedicated her life to helping others, particularly those who served in the Canadian Armed Forces (CAF). She volunteered at the Perley Hospital and served on its Board of Directors for many years, and was an energetic supporter of the plan to amalgamate three medical centres into the Perley and Rideau Veterans' Health Care Centre.

Born Harriet Jennie Todd Sloan in Winnipeg in 1915, Hallie grew up in Saskatoon, trained as a nurse at Vancouver General Hospital and served both in Canada and abroad during the Second World War. While in training, she suffered a broken spine from a railway accident, but made a full recovery. Like most Nursing Sisters, she was posted to England during the first years of the war. Soon after D-Day, Hallie was posted to a field hospital in Bayeux,

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Flying Under the Radar

By Peter McKinnon

With a hint of a smile, Ken Shoultz says that any story about his remarkable life belongs in *Ripley's Believe it or Not*. His casual, modest attitude is a deliberate attempt to downplay a remarkably full, varied and accomplished life. During the Second World War, Ken Shoultz operated and repaired radar systems in Canada and Great Britain; he later wrote a textbook used by a generation of Ontario high-school students and helped to establish Algonquin College. Ken is also a proud father and husband who regularly read bedtime stories to his five daughters and will soon mark 70 years of marriage to Doris, whose room is across the hall from his at the Perley.

"I don't want anyone to get too excited about my life," he says. "Many other Canadians are much more deserving of attention than I am."

Born in St. John, New Brunswick in 1922, Ken Shoultz grew up in St.

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Perley Rideau
Foundation

The Importance of Your Ongoing Support

www.perleyrideau.ca

By Daniel Clapin, ACFRE, Executive Director
The Perley and Rideau Veterans' Health Centre Foundation



Donors to the Foundation play a significant role in supporting the exceptional quality of care delivered at the Perley and Rideau Veterans' Health Centre. Donations fund the important services and equipment that fall outside the Health Centre's operating budget, but that are essential to the quality of life experienced by residents. For the past 20 years, your donations have helped make this a comfortable, happy home for our residents, including some 250 Veterans of the Second World War and the Korean War. Like any home, however, ours is beginning to show its age: the roof and hot-water system, for instance,

are nearing the end of their lifecycles. And replacing them is an expensive proposition.

The Perley Rideau was founded to properly honour Canada's War Overseas Service Veterans. Although the Foundation is a vital partner, we operate independently of the Health Centre. Each year, the Foundation consults with the Health Centre to identify priority needs, such as renovation projects and equipment purchases. Donors can choose to direct their gifts to specific needs or authorize the Foundation to make this decision on their behalf. The wisdom of this approach is evident in the quality of care residents receive.

I donate because every day, I see the difference it makes—I see it reflected in the smiles of our residents, in the art they create and in the songs they sing. For these reasons, I call this "life-giving" support.

As this building celebrates its 20th anniversary, the needs we face continue to grow—as will the importance of your donations. Working together, I am confident that we can ensure that this building's infrastructure continues to support the best possible quality of care.

Estate-Planning Seminar on September 30

Are you confident that your will can fulfill your wishes to provide for the people and causes that matter to you most? On September 30th, Elizabeth Lockhart, a barrister and solicitor, and specialist in estate law, will deliver a presentation and answer your questions about estate planning. The session is free and includes complimentary on-site parking and a light lunch. We encourage you to register early, as seating is limited. To register, please contact Sara McIlveen at smcilveen@prvhc.com or 613-526-7173. **We encourage you to register early—before September 12th—as seating is limited.**

Event: Estate-planning seminar with Elizabeth Lockhart

Date: Friday, September 30, 2016

Time: 9:30 a.m. registration; presentation 10:00-noon followed by a light lunch

Location: Lupton Hall, Perley Rideau Veterans' Health Centre, 1750 Russell Road, Ottawa

The Perley Rideau Seniors Village is comprised of a 450-bed long-term care centre (including 250 beds for veterans), 139 specially designed seniors apartments and community health care services.

We appreciate your support in making a bequest in your will and/or making a donation

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Hallie Sloan during the Second World War

France, and later participated in the liberation of Belgium and the Netherlands.

The Nazis' attempt to defend their hold on the Belgian port city of Antwerp proved to be a particularly horrendous time for Hallie. The Nazis fired a total

of more than 5,000 V-1 and V-2 rockets at the city, with most causing little harm. One rocket, however, struck and destroyed a downtown cinema packed with civilians and Allied soldiers on leave, causing 1,200 casualties. Hallie's unit was preparing to

move a field hospital at the time, but was immediately pressed into service.

"One thing that was so frightening about the survivors was they were totally white, covered with plaster dust," Hallie recalls. "I can remember a man coming in with a big chunk of wood right through his face and terrible wounds from exploding glass." The incident left her with a nervous tic that took some time to subside. Like her compatriots, however, she set aside concerns about personal safety and carried on with the task at hand.

Following the war, Hallie forged a stellar career in the CAF, rising to the rank of Lieutenant Colonel and Matron-in-Chief of Canadian Forces Medical Services. Along the way, she visited every base in Canada and oversaw the growth of the CAF's nursing contingent from 30 to 500 trained professionals. A tireless advocate for soldiers and their families, she helped to establish public-health clinics on bases across the country, and improved standards for nursing care and training. Hallie also advocated for the CAF to accept male nurses; the CAF changed its policy in the 1960s and Nursing Sisters became Nursing Officers. Although she had no children of her own, Hallie always set aside time to spend with family—particularly her brother's and sister's children.

"I was the youngest of her five nieces and nephews," recalls Stephen Sloan, "and I loved her visits. Aunt Hallie was always

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interested in what I was doing and enthusiastic about my accomplishments. My cousin Vicki remembers that a staff car came to pick her up once and the driver—a man in uniform—saluted her as she walked to the car. That impressed me to no end. It wasn't until I was older that I understood just how respected and admired she was professionally."

Hallie earned a long list of accolades and honours, including the Order of Canada and the Legion of Honour—France's highest decoration. She was also named a Dame of the Order of St John. Hallie completed a Bachelor of Nursing at McGill in 1958, and later studied administration and education at the University of Toronto's School of Nursing.

Upon her retirement from the CAF, the Canadian Nurses Association (CNA) contracted Hallie to help organize one of the largest gatherings of nurses ever held: the 1969 International Council of Nursing Congress.

Approximately 10,000 nurses from around the globe gathered in Montreal for the event. The success of the Congress prompted the CNA to appoint Hallie Sloan to its Board of Directors.

In 1995, her reputation for excellence attracted a most unusual contract: as a costume advisor on the highly acclaimed film *The English Patient*. The movie won nine Academy Awards, including best costume design. "When Hallie saw how they planned to outfit the nurses in the film, she set them straight," says Stephen Sloan. "She apparently



Lieutenant Colonel Hallie Sloan, Matron-in-Chief, Canadian Forces Medical Services

told them 'we never wore that stuff!'"

Along with one day a week at the Perley Hospital, Hallie's volunteerism also extended to the Nursing Sisters' Association of Canada and to raising funds to support the education of military nurses through the Canadian Nurses Foundation. She also participated in several pilgrimages to Asia and Europe to commemorate various Second World War campaigns.

Although rarely a patient herself, Hallie did spend time at the Perley Rideau recovering

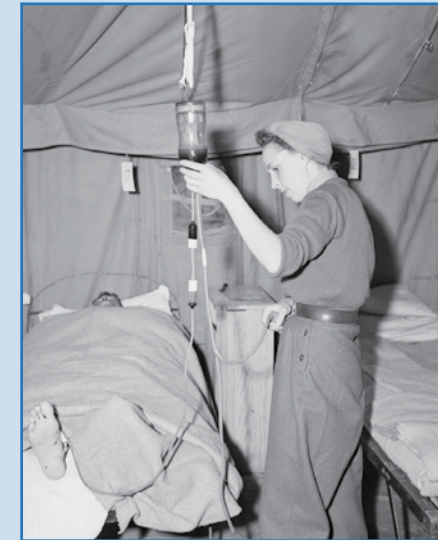
from a broken hip. "Whenever I visited her there," recalls Stephen Sloan, "I was struck by how many people came to see her and the affection they showed her. Aunt Hallie believed in the Perley Rideau's mission because serving and honouring veterans was also her mission."

Hallie Sloan passed away earlier this year, on her 99th birthday. The Perley Rideau Foundation will use her bequest to support the exceptional quality of care the Centre provides residents.

Nursing Sisters during the Second World War

When Canada issued the call to mobilize medical units at the outbreak of the Second World War, the response from trained nurses was so great that a moratorium had to be ordered after only 10 days. In all, nearly 4,500 Canadian women applied and served—initially, in the Royal Canadian Army Medical Corps, and later in the Royal Canadian Air Force and Royal Canadian Navy when they formed separate branches in 1940 and 1941, respectively. Many of the nurses who couldn't enlist with Canada—largely because quotas filled so quickly—served in British or American services.

Nursing Sisters played a central role in two innovative treatments pioneered during



Nursing Sister administers blood transfusion in a field hospital during the Second World War.

the war: blood transfusions and penicillin. The success of both treatments depended on meticulous administration and monitoring. As evidence mounted that injured soldiers cared for by Nursing Sisters fared better than those cared for by others, commanders and planners included them in advances against the enemy. Despite their accomplishments, however, few saw themselves as particularly brave or special—it was more about looking after 'our boys.'

"They were so wonderful," recalls Hallie Sloan. "They never complained, they worried about each other. Every one of them would say: 'Look at that fellow, Sister, he needs to be looked after first. You look after him.'"

After the war, few Nursing Sisters pursued careers in hospitals, where their skills and experience were largely wasted and undervalued. Instead, many became public-health or community nurses, while others left the paid workforce to start families. Few could continue in the military, as the postwar quota for all three services totalled only 80 nurses—a number that rose significantly during Hallie Sloan's career.



Nursing Sister prepares surgical instruments.



Nursing Sisters prepare to disembark at Arromanches, France in late June, 1944

For more about Nursing Sisters, read *An Officer and a Lady* by Cynthia Toman.



Strong Community Links Drive Success

By Akos Hoffer, Chief Executive Officer
The Perley and Rideau Veterans' Health Centre

Every year, the Perley and Rideau Veterans' Health Centre publishes a community report that describes recent accomplishments and future plans. As I worked on the report last month, I was struck by both the number and the strength of the links that we enjoy with the community. Perley Rideau is blessed to have such strong ties with the community and as a way of saying thanks, I'd like to share a few highlights.

Perhaps the best illustration of the Perley Rideau's connection with the community is the number and level of commitment of our volunteers. During 2015, 373 people—17 percent more than a year earlier—volunteered, contributing a total of more than 32,000 hours. To help maximize the contributions of our volunteers, the Perley Rideau provides targeted training. Last year, for instance, three new volunteers completed training to greet families on the day of admission. We also increased the number of volunteers trained to assist with feeding in resident dining rooms, and tripled the number of hours trained palliative-care volunteers spent visiting identified residents.

The Perley Rideau's Summer Youth Program also experienced significant growth during 2015, as 24 teenagers volunteered a total of nearly 1,200 hours during July and August. Thanks to the financial support of the Perley Rideau Foundation and the Ontario Summer Experience Program, we hired a Student Assistant to develop three new activities that engaged tenants of our apartment buildings.

Partnerships with outside organizations also strengthen the Perley Rideau's link with the community and enable us to improve both the health and quality of life of our residents and tenants. First and foremost, of course, is our longstanding partnership with the Perley Rideau Foundation, an independent organization and registered charity. Since its inception in 1988, the Foundation has raised more than \$28 million for

the Perley Rideau. Regular readers of *Between Us* recognize that funds raised by the Foundation pay for everything from essential equipment such as specialized mattresses and patient lifts to music programs and the creative arts studio.

Last year, we began a partnership with University of Ottawa Health Services to make high-quality physiotherapy and massage therapy available on-site to residents, staff and the general public. The establishment of the clinic paves the way for future collaboration and fills an existing gap in services.

Our partnership with the Champlain Centre for Health Care Ethics helps to fill another important need for a modern and progressive organization such as ours. The Perley Rideau's ability to consistently deliver top-quality care necessarily requires an organization-wide commitment to ethics. We were pleased to host and support last year's Symposium on the Ethical Challenges in Regulating Physician-Assisted Death, attended by approximately 100 healthcare professionals from across the region.

Finally, I want to thank another important partner that connects us with the community: the Family and Friends Council (FFC). As the name of the group suggests, the FFC represents those who hold our residents nearest and dearest to their hearts. The FFC helps ensure that the Perley Rideau fully appreciates the quality of life experienced by residents; their recommendations enable us to continually improve the care and services delivered within these walls.

To all of our donors, partners and volunteers, I want to express my sincerest thanks. Your efforts are crucial to the success of the Perley Rideau and to the health and well-being of our residents and tenants.

Akos Hoffer
Chief Executive Officer

Why I Donate



Gordon Moore and his family add a leaf to the Tree of Life to thank the caring staff who make his life more rich and meaningful. L to R: Joan Olinik and her father Gordon Moore; Delphine Haslé, Foundation Development Officer; Daniel Clapin, Foundation Executive Director

Our donors cite a wide variety of reasons for their generosity. To help show our sincere appreciation for each and every donation we receive, this edition of *Between Us* debuts a new regular section. Why I Donate will highlight a few testimonials from donors in their own words. Should you wish to share your reasons for giving, please send them to the Foundation's administrative assistant Sara McIlveen (613-526-7173, smcilveen@prvhc.com). We will publish a few in each future edition as a way of saying 'thank you' for your support.

"I am a Canadian Forces veteran, albeit of a younger generation. I appreciate the service of senior veterans and feel it is my responsibility to assist those who may require support."

David Haase, Orleans, ON

"I am 88 years old. Many years ago, my mother did a lot of volunteer work for the Foundation. It was special to her—and to me."

Mrs. Joyce Jones, Carleton Place, ON

"Probably 20 to 25 years ago, my father Thomas Curley was a patient at the Perley. He loved his bed space, and talked about the other patients and caregivers being so kind and caring. So hopefully if the day does come and my husband Reg and I need a place to retire and live out our remaining days, the Perley will be our home."

Mrs. Judy Irvine, Smiths Falls, ON

"The Perley Rideau has my ongoing support in honour of my father, a WWII Veteran of the British army and a POW of the Japanese for 3.5 years. He died of his decimated health at the young age of 58 having given all he had for his country of birth. He was a proud Canadian citizen when he died who made sure the family attended every Remembrance Day Service at the National War Memorial but never spoke of his time in captivity. He was my hero!"

Ms. Michelle O'Brien, Ottawa, ON



▶ The Perley Rideau Boutique presented a \$35,000 cheque to the Perley Rideau Foundation on National Volunteers Week. The ladies gathered to celebrate 20 years of operations and a total cumulative donation of \$446,871.



▶ The Read brothers add a leaf to the Tree of Life to celebrate the life of their late father, Fred Read, and to thank the staff of Rideau 1 South who provided excellent care to Fred. L to R: Daniel Clapin, Foundation Executive Director; Fred Read Jr.; Brian Read; Allan Read; Delphine Haslé, Foundation Development Officer; Jessie Stephenson, Perley Rideau Chaplain



▶ Mary Little adds a leaf to the Tree of Life in loving memory of her late husband, W.O. Thomas R. Little. L to R: Sara McIveen, Foundation Assistant; Mrs. Mary Little; Delphine Haslé, Foundation Development Officer



▶ True Patriot Love Foundation donated \$25,000 to support the Recreation and Creative Arts Program. L to R: Delphine Haslé, Foundation Development Officer; Charles Lemieux, Foundation Chair; Shaun Francis, TPL Executive Chair; Daniel Clapin, Executive Director; Bronwen Evans, TPL CEO



▶ National Defence Director General hosted a Tree of Life Ceremony to honour three veterans. This year, the members of DGAPEM raised \$9,416 for the purchase of three Broda Chairs.

▶ BGen (Ret'd) Jack and Norma Watts donated a generous gifts of securities to the Perley Rideau Foundation. L to R: Charles Lemieux, Foundation Chair; Norma Watts; Delphine Haslé, Foundation Development Officer; Daniel Clapin, Foundation Executive Director; Ron Buck, Health Centre Chair; Jack Watts; Akos Hoffer, Health Centre CEO



▶ Robert Webster, 1924-2016, was a patient in Gatineau. His daughter Sherry (wearing a hat) made a silver leaf donation, accompanied by her mother Norma and sister Joanne.

▶ The Royal Canadian Legion Branch 641 Barrhaven presented a \$5,000 cheque to support the revitalization of a veteran-occupied dining room. L to R: Ed Schelenz, President, RCL Branch 641 Barrhaven; Bert Boehme, Chairman, Poppy Trust Fund, RCL Branch 641 Barrhaven; Daniel Clapin, Foundation Executive Director; Sharon Wilson, Chairman, Poppy Campaign, RCL Branch 641 Barrhaven



15th Annual Perley Rideau Night at the Races

Night at the Races a Huge Success

The 15th edition of the Perley and Rideau Foundation's premier fundraising event succeeded on every level. The net proceeds of more than \$40,000 set a new record, the paid attendance of 369 was the largest in several years, and those in attendance had a wonderful time—as evidenced by the many enthusiastic phone calls and email messages that came in to the Foundation office in the days that followed. Crucial to the event's success, of course, was strong support from our major

sponsors. A big thank-you from the Foundation to them, as well as to the many entrepreneurs and individuals who donated items for the raffle and silent auction, which proved to be quite popular. The buffet dinner was a hit and even the weather cooperated. It was great to see so many people enjoying themselves while raising money for a good cause. The Foundation is grateful to everyone who took part and we hope to see everyone back next year!



After winning the 6th Race, Holiday Party proudly wears the Perley Rideau Foundation cooler while the horse's owners, trainers and driver look on happily.



As the 2016 Volunteer of the Year, Boutique Manager Deborah Bennett (far right) and her husband Claude were special guests at the Perley Rideau Night at the Races. Under her leadership, the Boutique has raised more than \$450,000 for the Foundation during the past 20 years. Clockwise from Claude Bennett: Susan Mathie; Boutique volunteers Heasley Juneau, Joan Crocker and Ann Blair; Delphine Haslé (Development Officer).

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Doris Shoultz (née Rafuse)

was something of a footsoldier: installing, maintaining and operating systems in Canada and abroad. During the first part of the war, he served in many of the small radar stations installed along Canada's Atlantic coast. Along with scanning for Nazi submarines, these stations supported Ferry Command—the massive effort to fly warplanes manufactured in North America to Great Britain.

While stationed at RCAF Station Scoudouq—a repair depot

near Shediac, New Brunswick, Ken met his future wife, Doris Rafuse.

“The RCAF would organize dances,” Ken recalls. “They’d recruit women from larger bases, bus them to the smaller bases for the dance and then bus them back. Doris worked in administration at the RCAF’s Atlantic headquarters near Halifax and attended many dances. There were only about 75 women and about 2,500 men in the RCAF at the time, so I think I did really



Ken Shoultz

well.”

The two were engaged before Ken went overseas, where he was posted to various stations in Great Britain. Like many young couples of that era, their favourite song was *Don't Sit Under the Apple Tree (With Anyone Else but Me)*, an up-tempo number about young lovers who vow to remain faithful while separated by war. Seven decades later, it remains among their favourites.

“Doris knew about every posting because she worked in RCAF administration,” Ken says. “I had to stay on my best behaviour while overseas—or at least keep it out of the official records.”

When the war ended, Ken and Doris married and started a family, eventually raising five daughters. Ken earned his teacher's

certificate from the University of Toronto and got a job at his old high school. In the mid-60s, he wrote *Basic Electricity: Theory and Practice*, which became a standard high-school textbook. Ken soon moved on to become an inspector with the provincial ministry of education, where his superiors found a perfect niche for his diverse skills: working with architects to design shop facilities for high schools and colleges. This soon led to another opportunity with the newly established Algonquin College of Applied Arts and Technology. Ken was the College's first dean of technical studies, a post he held for 22 years.

When their youngest daughter turned nine, Doris went back to school, earning a diploma in library science and landing a job at Bell Canada (later to become Nortel), where she worked for 30 years. The couple were active in multiple service clubs, including the Royal Canadian Legion, Knights of Columbus and Friendship Force, and donated regularly to the Perley and Rideau Foundation.

Ken was also active in the Canadian Radar History Project, a non-profit organization dedicated to raising awareness about the role the technology played during the Second World War. Despite its importance, radar remained top secret until the end of the Cold War.

Throughout their retirement years, Ken and Doris have watched their family grow ever larger: today, there are 13 grandchildren and seven great-grandchildren. The couple eventually gave up the



The Shoultz family

family home they'd occupied for 50 years and moved into a seniors' residence. They became increasingly dissatisfied, however, at the difficulties they faced in accessing appropriate care. In March, Doris and Ken moved into adjacent rooms at the Perley Rideau.

“We're quite impressed by the place so far,” says Ken, “everything we need is available right here.”

In May, the couple will celebrate their 70th anniversary surrounded by friends and family. Perhaps they'll even find an apple tree—in full bloom—to sit under.

BU

101 and Going Strong

Jill Corrigan is one of the Perley's friendliest and most senior residents. Now 101 years young, Jill devotes most of her time to visiting the friends she's made at the Perley, and regularly participates in exercise classes. She's always ready with a smile for staff and visitors.

"The staff here are all wonderful," says Jill. "They like

what they do and it shows in the way that they help care for us."

Born Zilpha Shore in Shawville, Quebec in March 1915, Jill soon abandoned the name her parents original gave her. She earned a teacher's certificate from Macdonald College in Montreal and enjoyed a full career as an elementary-school teacher. At age 25, she fell in love with Arthur

Keith Corrigan—a friend of her brother's—and they married before he left to serve with the Corps of Royal Canadian Electrical and Mechanical Engineers during the Second World War.

After the war, Keith Corrigan enjoyed a long career with the Canadian Armed Forces, serving both abroad—Korea, Gaza and Germany—and at various bases



Jill Corrigan with son Brent



Jill Corrigan at the family cottage

across Canada. Although his service sometimes meant lengthy stints away from home, the Corrigans remained a close and loving family.

"We always managed," says Jill, "absence makes the heart grow fonder, after all."

Their only child—son Brent—pursued a career in education, as a teacher, director of educational services and, in his retirement, a consultant. Brent visits his mom every week.

Like so many Canadian families, the Corrigans spent

summers together at the cottage. In 1956, Keith and Jill bought land and built a shack on Otter Lake, about 25 kilometres from Shawville. They later sold some of the property to other members of the family and enjoyed many good times together.

"Originally, everything had to be brought in by boat, because there was no road in," says Brent. "We rebuilt the cottage several times over the years and I now live there full time. It's a place that holds lots of warm, wonderful memories for our family."

Today, Jill has three grandchildren and three great-grandchildren. When Jill could no longer care for her husband, Keith moved into the Perley. He passed away there in 2011, but not before securing a place for Jill under the Perley's spousal-reunification program.

"Dad made sure that mom was here and settled before he passed away," says Brent Corrigan. "As a loving husband, I think that he considered it part of his duty. This is the perfect place for my mother." **BU**

The Perley and Rideau Veterans' Health Centre Foundation

Memorial Tributes

March 15, 2016 to May 12, 2016

Honour someone special with a donation to
The Perley and Rideau Veterans' Health Centre Foundation

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**Perley Rideau
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the people we serve

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Charles Lemieux

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Health Centre

Chief Executive Officer

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