



Together we improve the well-being of the people we serve

Between Us

The Perley and Rideau Veterans' Health Centre ♦ OTTAWA, ONTARIO

SUMMER 2012

Cam Lane: 100 years young and still positive about life's pageant

By Brant Scott

Are you feeling like you're nearing your "best before" date? Try staring down your 100th birthday!

Robert Campbell "Cam" Lane was born on July 5, 1912 in Sault Ste. Marie -- so there's good reason for family and friends at the Perley Rideau Veterans' Health Centre to hold a party this summer. Cam is still the thoughtful and patient man he always was, and he's the first to admit that recalling the past with clarity can get a bit tougher as you prepare to change centuries. His eldest daughter, Cathy, who drops by the health centre regularly, is happy to help fill in details as needed.

Cam chuckles about his age and says, "I'm told that when you hit a hundred, you should think about maybe giving up sex."

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Brant Scott photo

MAN OF THE CENTURY: Cam Lane stormed the beaches on D-Day and served in the Korean War before he became an Ottawa high school teacher. He celebrated his 100th birthday at the Perley Rideau on July 5.

Perley and Rideau Veterans' Health Centre Foundation board member

Merv Beckstead: Sharing his excellent fundraising expertise with our residents

By Brant Scott

Do you remember where you were during the Great Ice Storm of 1998? Charles Mervyn Beckstead does. As the Chief Administration Officer with the Region of Ottawa-Carleton from 1992 to 2000, Merv Beckstead was the go-to guy for emergency services during the ice storm. A regional CAO's task to oversee 7,000 employees and a \$1.6 billion budget demands the best of the best. Imagine the added pressure of working day and night for three weeks to restore calm after the worst local weather crisis in history.

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His father was a physician in Sault Ste. Marie and made house calls with horse and buggy. His mother was a school teacher, which is the same honourable profession that Cam would undertake many years later. But first, he had a metallurgical engineering degree to nail down at Michigan Technological University and a couple of wars to fight.

Cam was an army captain when he stormed the beaches on D-Day 1944 to hasten the conclusion of World War II. He was promoted to major after the war and was sent to join the Korean War in 1952. His son, Bob, was born back home during his father's absence. Bob would later follow in his forebears' footsteps and is currently a professor at University of Edinburgh in Scotland. Cam's youngest daughter, Ann Marie, lives in Newfoundland and runs a successful physiotherapy clinic.

High school beckons

Cam stayed in the military until 1962, when he took a different tack and pursued a career in teaching. He taught science and was elevated to vice-principal at Hillcrest High School in Ottawa. Many Hillcrest grads will recall the school trip to the Montreal Summer Olympics in 1976 that Cam organized with his typical military precision. He remained at the high school from 1962 to his retirement in 1977.

Cam was married to Marjorie for 27 years and was widowed in 1976. He continued to be an avid curler for many years and hit his first (but not last) golf ball at 65. The family still enjoys the cottage that Cam maintained for many years at Fitzroy Harbour.

"My father has always been a builder and fixer," says Cathy Lane. "He built a kitchen at the cottage and did all the plumbing at home. At the Perley Rideau now, he loves to sit by the window in the hallway and watch the workers building the new independent and assisted housing apartments. The new construction relates to his past as an engineer."

Cam lived at two Ottawa seniors' residences

before arriving at the Perley Rideau last October. Like many seniors, Cam was requiring more health assistance as time progressed. His family was advised to put him on the veterans' waiting list at the Perley Rideau. Cathy says it was a very fruitful decision.

"The calibre of care and the activities here continue to amaze us," she notes. "My father has always been the quiet type, and the more independent lifestyle of the other seniors' residences was sometimes beyond his grasp. At the Perley Rideau, my father is invited to attend concerts, play bingo and do all sorts of interesting things when he feels like it.

"When he arrived at the health centre, he was given a beautiful afghan blanket and I was so impressed," she adds. "And, he received a warm jacket from the Legion. As his mobility declined, it was getting tricky to book Para Transpo rides for doctor appointments and tests around the city. Now, the excellent medical staff here simply calls to tell me when he is being seen by the physician and having tests done right in the health centre. Visiting him now is really wonderful because we can just talk and do things together, rather than using all our time together for health care appointments."

Serendipity is alive and well

And the most amazing thing happened on the first day Cam arrived. The Lanes had a cherished framed poster of wartime Europe that hung in their home for decades. About 30 years ago, it disappeared and no one remembers where it went. It may have been donated to a worthy cause back in the '80s. When Cam was moving into his room last fall, Cathy noticed a copy of the same poster hanging on the wall near her father's room. Evoking warm childhood memories for Cathy, she took it down to show her father. The back of the poster showed the name of its original owner -- Cam Lane. To this day, no one can explain how the old soldier and his poster became separated, much less reunited. **BU**

Ruth Hamilton's bequest in her will shows generosity can live on after we are gone

By Brant Scott

Rare individuals give of themselves during their entire lives, yet rarer are those who give after they are gone.

Ruth Hamilton led a rich and active life and through a stroke of her pen, her legacy lives on at the Perley and Rideau Veterans' Health Centre.

Ruth learned how to build personal strength from the very beginning. Born in 1915, she lost her mother to Spanish Flu just three years later. Ruth and her siblings were sent to live with distant family members, and the iron-clad resolve Ruth acquired as a child would never leave her.

When her father remarried a few years later, Ruth's step-mother instilled in her a strong sense of self-discipline through the difficult years of the Great Depression. As the winds of war swept across the world, Ruth and Al Seeman were married in 1940. She bore a child with her young airman, but fate would deal another cruel blow when their three-month-old daughter died from Sudden Infant Death Syndrome. This left a void in Ruth's life that would never heal.

Her ill fortune persisted. Al Seeman was the victim of an air training flight gone wrong in 1946. The loss of so many important people in

Ruth's early life might have crippled others, but she channelled her determination into strength and durability. That resolve morphed into courage in 1948 when she bought a new Plymouth and drove out west by herself on the rough gravel roads that would soon constitute the Trans-Canada Highway.

Once back in Ontario, Ruth worked as a secretary on Parliament Hill. In those corridors of power she met an up-and-coming politician from Montreal. William McLean Hamilton was born with serious physical handicaps, but he refused to recognize them as a disadvantage in life. Ruth married the member of Parliament in 1954, three years before he would be elevated to postmaster general in the Diefenbaker landslide of 1957. She wore the role of cabinet minister's wife like a glove and was a great asset to her husband, frequently mixing with world dignitaries and royalty.

Their fairy tale soon came to an end with the Diefenbaker government's demise. Undeterred, Ruth

and Bill relocated to Vancouver where he served as a corporate president, later as the CEO of the B.C. Business Council and as the Chancellor of Simon Fraser University. The couple enjoyed their halcyon Vancouver years with boating,



HER LEGACY LIVES ON: Ruth Hamilton faced many challenges in life and remained active until she passed away last summer at 96. Her generosity lives on – she left a significant bequest in her will that will benefit Perley Rideau residents who enjoy the popular Creative Arts Program.

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Merv Beckstead: Sharing his excellent fundraising expertise ... *continued from page 1*

More than two inches of solid ice enveloped everything in a swath from eastern Ontario to Nova Scotia and parts of New England. Even 14 years later, many trees remain bent and broken in woodlots across the region. Of the total 30 fatalities caused by the storm, only two occurred in the Ottawa region – one by heart attack and one when a home oxygen ventilator lost its power source.

On January 4, 1998, several wet, warm southern air masses kept colliding with freezing Arctic air over the region and heading east. Local freezing drizzle fell and accumulated for some 80 hours. By the time the rain abated, hundreds of hydro towers had folded up like cheap lawn chairs in a chain reaction. Huge electrical cables lay hissing on the ground, barns collapsed on

so went light, heat and hope for thousands of households.

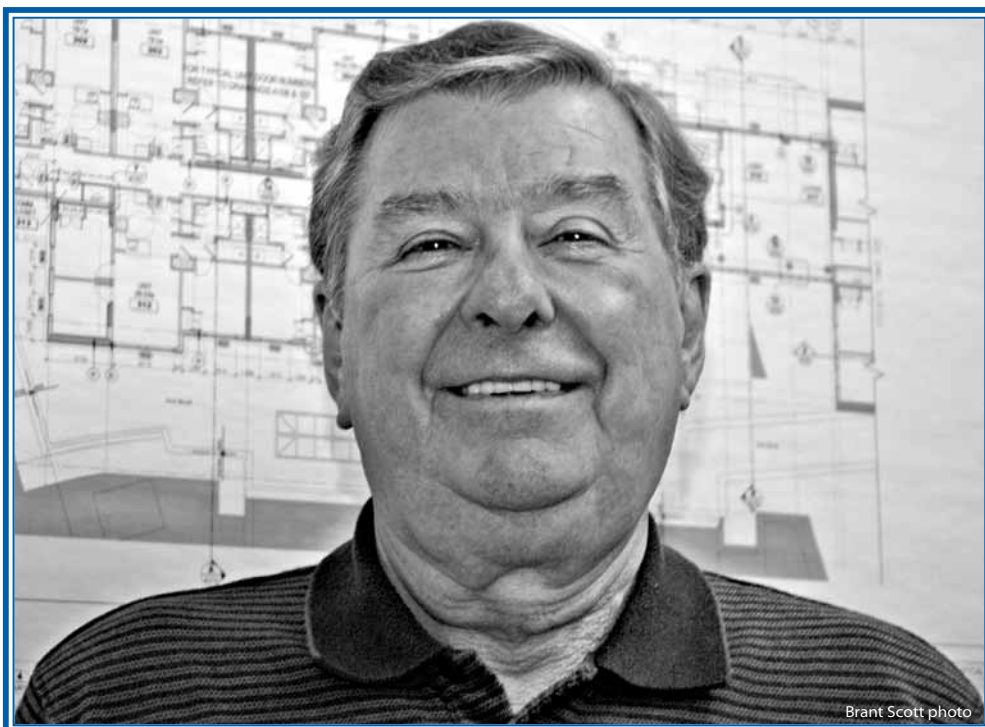
The drama was exacerbated when the entire region plummeted into a mid-winter deep freeze that hardened the icy sheath like crystalline concrete. The region's trees were a tinkling chorus of wind chimes in the cold breeze. Suddenly without warning, mammoth branches would crash down under their own weight, shattering the silence. Outdoors, danger lurked everywhere. The storm would result in an unprecedented 700,000 insurance claims in eastern Canada alone.

Modern-day Lorne Greene

Before the rain started to fall, Merv Beckstead's name might ring a distant bell with Ottawa residents. But, he was about to become

their best friend as they huddled around transistor radios listening to the voice dubbed by some as "the Lorne Greene of the ice storm." Merv settled into the role of the regional spokesperson – the calm *after* the storm. He delivered the straight goods twice daily on the progress to restore essential services in Ottawa and outlying municipalities. Local airwaves were the meeting place for local residents seeking advice and updates from Merv Beckstead, Regional Chair Bob Chiarelli, Ottawa Police Chief Brian Ford, and then-Brigadier-General Rick Hillier, who would later be named Chief of the Defence Staff for the Canadian Armed Forces.

And now Merv Beckstead is ours. The Perley and Rideau Veterans' Health Centre Foundation board has reaped great benefits since Merv



Brant Scott photo

KING OF THE ICE STORM: Perley Rideau Foundation board member Merv Beckstead knows how to get a job done. As the former Chief Administrative Officer with the Region of Ottawa-Carleton during the Great Ice Storm of 1998, he was at the helm of emergency services. His daily progress reports in local media during that frigid January provided residents with hope as electricity and transportation were being restored.

top of panicking livestock, and schools and businesses lay empty as Ottawa ground to a halt. When large tracts of the electrical grid crashed,

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Open Forum

By Greg Fougère, Chief Executive Officer
The Perley and Rideau Veterans' Health Centre



Ramping up now for the baby boomers

We've all seen it coming – the baby boomers are hitting their senior years and the health system is facing an unprecedented burden.

The Perley and Rideau Veterans' Health Centre and the South-East Ottawa Community Health Centre (SEOCHC) are seeking approval to establish a full service primary care and wellness clinic to assist seniors and their caregivers in parts of southeast Ottawa and Ottawa Centre. Our clients would include the soon-to-be accommodated tenants of the new Perley Rideau independent and assisted living initiative, SEOCHC clients, seniors receiving home-based assisted living services, and seniors who are seeking a family physician or other primary care provider.

We know there are advantages in providing seniors with the kind of health support that enables them to stay in their homes as long as possible. It is also important to divert them from staying in hospitals for non-emergencies. The Perley Rideau proposes to provide primary health and wellness services in a clinic within our Russell Road health centre next to our hearing clinic, pharmacy, wellness gym, physiotherapy services and other amenities. We believe a new clinic would be a most welcome feature in the Perley Rideau's evolution as a Seniors' Village.

The primary care and wellness clinic would serve the needs of 1,200 seniors in a supportive environment to sustain their quality of life. By virtue of locating the clinic in our Seniors' Village, our home-based clients will enjoy the benefits of "one-stop shopping" for many of their health needs, as well as avoiding hospital-based acute care beds for less serious maladies. The new services propose to provide access to physicians, nurse practitioners, RNs and Allied Health Professionals as needed.

Community health care focuses on five service areas that include primary care, illness prevention, health promotion, community capacity building and service integration. Our partnership with SEOCHC would align nicely with the 2010-15 Phase I of the Seniors' Village that is under way at the Perley Rideau. We estimate this new project would cost an average of \$611 per client when it's running at full capacity, which is less than many single emergency room visits.

If approved by the Champlain Local Health Integration Network, we anticipate that seniors attending the clinic will average 75 years of age or older. They are likely to have more than one chronic health condition and some will be using more than one pharmacy. This project will create an environment where seniors feel they are in control of their health outcomes. It can also encourage seniors to take part in preventative health measures to enhance their mental and physical comfort.

The proposed primary care and wellness clinic is noted in the Perley Rideau's recently-published *2011 Annual Report to the Community*. I hope everyone with a stake in seniors' health care will have a look at the publication that provides important information on our activities during 2011 and what we are planning for the future. Feel free to request a copy by mail or take a look at www.prvhc.com and follow the prompts.

I would like to wish *Between Us* readers a safe and relaxing summer.

A handwritten signature in blue ink that reads "Greg Fougère".

Greg Fougère, CEO

joined six years ago. He has been a major force throughout his career – and long before. He tipped his hand early in life when his elementary school teachers in Williamsburg Township near Chesterville, Ontario accelerated him through three grades. Merv entered grade nine at a tender 10 years of age and was the youngest student ever to graduate from Chesterville High School.

troops since the Korean War.

As the man at the top of the command chain, Merv Beckstead was extremely impressed with what he saw.

Great respect for Armed Forces

“Regional chair Bob Chiarelli was elected to office for only a few days when he declared a state of emergency after the storm,” explains Merv. “We

had to figure out how to get the troops into the region from Camp Petawawa. All the roads were smooth and slippery as a glass bottle. So, we sent our salt and sand trucks to Petawawa and cleared the highway all the way back to Scotiabank Place. We didn’t have the authority to do that, but in an emergency, it’s usually easier to get forgiveness than permission. As time went on, we also helped with the roads outside our own municipality. Amalgamation was just getting under way, and some areas hadn’t yet held their first council meeting to discuss how their public works would function.

“By the time the Armed Forces arrived, we had maps ready for them and they were ready to go,” he adds. “They are such

dedicated and professional men and women and so good to work with. I have no family in the military, so I had no real experience in dealing with the forces. They’re so well trained. And, their radio communications expertise really helped the entire cause. The region, the armed forces, the police and emergency services were all pushing on the end of the same broom. So, when I was approached to help out Perley Rideau Foundation



RAISING FUNDS TO RAISE THE ROOF: Perley Rideau Foundation board member Merv Beckstead is busy trying to raise funds for the new independent and assisted living initiative. Construction of the new seniors’ housing is under way at the Perley Rideau on Russell Road and the Foundation’s Capital Campaign is raising \$5 million to assist with the \$42.3 million project. Merv is co-chair of the campaign with Ken Dye. For donation information, please see www.buildingchoices.ca or call Foundation Managing Director Daniel Clapin at 613-526-7194.

In retrospect, Merv’s valuable contribution to the Perley Rideau Foundation has an obvious affinity with the ‘98 ice storm. The Canadian Armed Forces famously played a pivotal role in helping rural Canadians cope with electrical and transportation difficulties. Some 15,000 Canadian troops pitched in to assure the well-being of the afflicted from Ontario to Nova Scotia. It was the largest single deployment of Canadian

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Donors' "D-Day" reception is our chance to say thank-you

By Daniel Clapin, ACFRE, Managing Director
The Perley and Rideau Veterans' Health Centre Foundation



June 6 is the anniversary of the D-Day invasion of 1944.

It's also the date that the Perley Rideau Foundation chooses to pay tribute to our generous friends and neighbours for a different kind of D-Day -- Donor Day. We were pleased to present wonderful speakers to explain to our guest donors how vital their contributions are to the residents at the Perley and Rideau Veterans' Health Centre. Without the financial assistance of our dedicated benefactors, this would be a very different place, indeed.

We were honoured to host the Most Reverend Terrence Prendergast, S.J., Archbishop of Ottawa. He addressed our donors in a most down-to-earth fashion and provided excellent insights into the "Spirituality of Giving." Archbishop Prendergast put the spirit of generosity into context for all who were present. (see photo on page 11)

"The task of man is to husband and harvest what has been given of one's time, talents and treasure," explained Archbishop Prendergast. "Saint Paul says, 'What have you that you have not received? If all is a gift, how can you boast of it, as if it is yours alone?'"

"And so my dear friends of philanthropy, thank you for your many acts of kindness," he added. "You can see the results in the faces of the residents and staff here at the Perley Rideau, your caring makes a difference in their lives, every day."

We were also pleased to listen to the heartfelt thanks of Welsford Daniels, who is himself a Perley Rideau resident and one of our most articulate and steadfast resident advocates. Many readers will recall the special feature on Mr. Daniels in the Winter 2009 issue of *Between Us* when he recalled his harrowing nighttime motorcycle rides through war-torn Europe trying to keep the communications lines open.

Mr. Daniels has oft been quoted as saying how delighted he is to be living at the Perley Rideau. "As a veteran, my wife and I are able to take advantage of what the Perley Rideau has to

offer." he notes. "I never realized that our later years could be so enjoyable. It's changed my whole attitude about living our senior years."

The donors who attended the June 6 tea in the health centre's Lupton Hall were also engaged by addresses from our Foundation board chair Ray Desjardins, health centre board chair Peter Strum, and Ray Bailey of the Perley Rideau's volunteer Family and Friends Council. Our excellent speakers left no doubt that the generosity of our donors adds immeasurably to the comfort and quality of life for veterans and community residents who call the Perley Rideau home.

As the Managing Director of the Perley Rideau Foundation, I am very grateful to those who include us in their charity giving plans. And, I am very excited going forward, as we prepare to ramp up the Foundation's Capital Campaign to provide much-needed funding for the Perley Rideau's independent and assisted living initiative, which is now very much in evidence at our Russell Road location.

We at the Foundation look forward to delivering happiness and comfort to our residents through the generosity of our donors. Have a great summer!



**The Perley Rideau is home to
450 residents, 250 of whom are war veterans
We appreciate your support in making a
bequest in your will and/or making a donation
Please contact Daniel Clapin**

**The Perley and Rideau
Veterans' Health Centre Foundation
1750 Russell Road, Ottawa ON K1G 5Z6
Email: dclapin@prvhc.com
Internet: www.prvhc.com
Capital Campaign: www.buildingchoices.ca
613-526-7194**

with fundraising a few years ago, I came in here with a tremendous respect for the Canadian Armed Forces and veterans.”

Merv recalls that soon after the storm ended, the command team was discussing how to expedite delivering electricity to outlying areas where people had to abandon their homes in favour of heated community centres.

“There was talk of putting in new poles and cross arms to string electrical lines to some rural areas,” he says. “Some engineers pointed out that there was a lot of rock in the area south of Ottawa that would make it impossible. Then Rick Hillier said, ‘Just tell us where you want the holes and how deep. We love blowing stuff up.’ He and (current Chief of the Defence Staff) Walt Natynczyk were such a valuable part of the ice storm team.”

Award-winning community service

It should come as no surprise that Merv was awarded the 1998 Ontario Lieutenant Governor’s Medal of Distinction in Public Administration by Hilary Weston. When municipal amalgamation took hold across the province by 2000 and regional governments became redundant, Merv put his Certified Management Accountant degree to work by accepting a posting as financial adviser with BMO Nesbitt Burns for seven years. He was also appointed Supervisor of the 2002-03 Ottawa-Carleton District School Board by the Government of Ontario. The Chief Medical Officer of Health for Ontario appointed him as chair of the committee to restructure health units in Muskoka, Simcoe and North Bay in 2005. The following year, Merv was appointed to the Canadian Medical Protective Association Audit Committee.

He also served as a member and chair of several municipal and provincial organizations and associations, including the Provincial Treasurer’s Municipal Advisory Committee, the Ontario Association of Municipal Administrators, the Canadian Association of Municipal Administrators, and Vice-President of the International City/County Management Association.

In addition to serving on the Perley Rideau Foundation’s board of directors, Merv is the founding president of the Canadian Cancer Society - Nepean Unit, and a former member of the Queensway-Carleton Hospital Finance Committee. He also served a two-year term on the board of the Boys and Girls Club of Ottawa in 2003-04. Merv has a reputation for excellence in every project he undertakes, and is currently focused on the important new independent and assisted living initiative under way at the Perley Rideau.

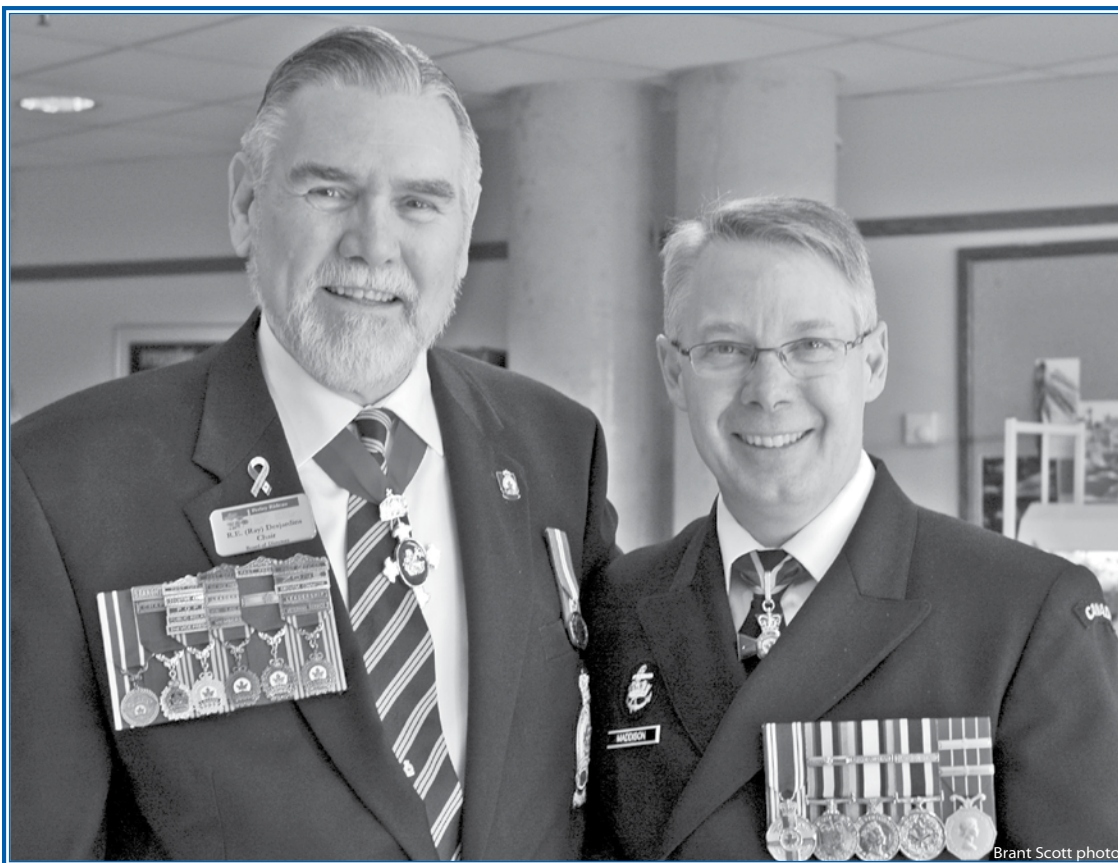
New programs and apartments essential

“Ottawa really needs the assisted living programs and dwellings that are now being built at the Perley Rideau,” says Merv. “A great deal of work has already gone into securing provincial funding and the City of Ottawa has provided \$5.4 million. This is the direction we have to go with an aging population. My own brother, Frank in Chesterville, had a stroke and with the help of his three daughters and the assisted living health program located there, he’s able to live in his own home.”

Merv and his wife, Mary Jo, reside on the Madawaska River near Burnstown, just west of Ottawa. Merv has a grown son, Todd from a previous marriage. During the Perley Rideau Foundation meetings held over the winter, the disembodied voice on the conference call speaker could well be Merv Beckstead providing guidance from Florida, where he and Mary Jo enjoy life as “snowbirds.”

For Merv’s part, he is pleased to help out where he can.

“My aunt died a few years ago at age 106,” he says. “She was a teacher and lost most of her hearing during the flu epidemic of 1919. She organized a group to knit wool socks and they sent them to our soldiers overseas. Imagine getting a pair of warm socks after you’ve been in the cold trenches full of mud. It’s little things like that help me realize I’ve had a fortunate life and it’s important to help others.” **BU**



MATELOTS' GARDEN DEDICATION: The Perley and Rideau Veterans' Health Centre Foundation is pleased to celebrate the completion of the Matelots' Garden in the Rideau 1 South Courtyard. It was made possible through a \$25,000 donation from the The Royal Canadian Naval Benevolent Fund. Perley Rideau Foundation chair Ray Desjardins (left) hosted several dignitaries at the May 6 dedication, including Vice Admiral Paul Maddison, Chief of the Maritime Staff.

Our Tree of Life keeps growing

Generous donors to the Perley Rideau Foundation continue to water the Tree of Life. The following inscription tributes were recently added on leaves:

Seaman David G. Kernick, 1929-
Served with the Canadian Merchant
Navy WW2 1939-1945

F/Sgt Gerald M. Rozak
Mid Upper Gunner, served with RAF 100
Sqn, 1941-1945.

FLT LT Thomas L. Chown
RAF Transport Command, WWII 1942-1945,
affectionately known as "GRUMPY"

In memory of Group Captain
(ret'd) Rayne "Joe" Schultz DFC, OMM, CD - 1922-2011
(Mr. Flight Safety) RCAF pilot for 37 years
Husband of Mary, father of Kathleen and grandfather of
Rhiannon, Wolfgang and Lacey

ADJ Roland J. Lalonde CD - 1923
Service avec RCOC 1942-44; Royal 22ieme
Régiment 1944-45 Réserve GGFG 1948-59

To pay tribute to someone you love, please call
Foundation Managing Director Daniel Clapin at 613-526-7194

This year's Night at the Races smashes all records for attendance, profits and good old-fashioned fun

By Brant Scott

Just when you think things can't get any better, they do.

This year's Night at the Races on May 4 raised more money for the Perley and Rideau Veterans' Health Centre Foundation than ever before. The 11th annual event held at the Rideau Carleton Raceway netted more than \$34,000 for the Foundation, which is \$6,000 more than the previous year.

The profits from the event will be used to finance the Perley Rideau Seniors' Village housing initiative consisting of two seniors' apartment buildings with a combined total 139 units. Two thirds of the units will be rented at prevailing market prices and one-third at below market value. In addition, there will be four clusters of 10 studio apartments designed for people affected by dementia who do not yet require the higher level of care of a long-term care home. In keeping with the Perley Rideau's long-standing military heritage, some 20–30 percent of the new housing will be offered to Canadian Forces seniors.

The Night at the Races also broke attendance records at the Rideau Carleton Raceway by filling 440 of the facility's 452 seats in the dining area. The highest number of guests in previous years at Nights at the Races was 408.

"This evening of fun and friendship just keeps getting bigger and better," says Foundation Managing Director Daniel Clapin. "Hats off to Wally Parsons, the energetic volunteer who came to us with the concept more than a decade ago

and has managed to improve it year after year. His team of Catherine Mullen, Henry Schroder and Sherri Coates staged an excellent event yet again.

"We couldn't have done it without the generosity of our sponsors and the people who



NIGHT AT THE RACES DRAWS BIG CROWD: The Perley Rideau Foundation's 11th annual Night at the Races on May 4 attracted 440 guests for a night of food and fun at the Rideau Carleton Raceway on Albion Road. The event netted \$34,000 for the *Capital Campaign: Building Choices, Enriching Lives*.

donated the wonderful items for the silent auction and raffles," adds Clapin. "Perley Rideau volunteer Lori Greer was very resourceful in soliciting the auction items that raised several thousand dollars. Sometimes a repeated annual event can be taken for granted over time by contributors, but our organizing team keeps Night at the Races fresh and vibrant. It's a privilege to work with them."

Organizers are very grateful for the assistance and sponsorship provided by Sysco Canada, Nestlé Professional Vitality, Family Physiotherapy Centre, Helix Hearing Care Centre,

and Coughlin and Associates Limited. Volunteers Trish Lyttle, Dawn Richardson and Kimberly McBride also did an excellent job selling draw tickets and helped to make the evening a roaring success.

Watch for the next Night at the Races scheduled for Friday, May 3, 2013.

“History demonstrates that our event next year will be yet another memorable occasion,” says Clapin. “Those who attend each year know that the buffet is great, the staff is friendly, the betting is exciting, and there are so many fabulous silent auction and raffle items. We enjoy a very high repeat attendance for this event, so I advise anyone who is planning to join us for the first time should book early. We look forward to seeing you!” **BU**

In the spirit of giving



SPECIAL GUEST SPEAKER: The Perley Rideau Foundation was pleased to present an original artwork to its keynote speaker on Donor Recognition Day on June 6. With the Most Reverend Terrence Prendergast, Archbishop of Ottawa (third from the left) are Foundation Managing Director Daniel Clapin, Foundation board chair Ray Desjardins, and Health Centre board chair Peter Strum. The Foundation invites donors to the Perley Rideau on the anniversary of D-Day to thank them for their generosity.

Ruth Hamilton's bequest ... *continued from page 3*

gardening, and social events. With his health waning, Bill retired in 1983.

Ruth's husband of 35 years died in 1989, but she remained active. From her youth, Ruth appreciated fine art and excelled in intricate needlework in any form. She continued her volunteer work with handicapped persons, often tutoring them in needlework.

As she slipped toward her twilight years, Ruth moved back to Ottawa in 1994 to get reacquainted with family and friends. Through her 80s and 90s, she never forgot the tough lessons learned during the Depression when family funds were sparse. Ruth continued to give of herself, working with handicapped persons and contributing significant donations to Simon Fraser University,

the Children's Hospital of Eastern Ontario and several other charities.

Ruth Hamilton died on June 15, 2011 at 96. The Perley and Rideau Veterans' Health Centre Foundation is grateful to Ruth for having bequeathed a significant donation to the Perley Rideau. In consultation with Ruth's executor, the Foundation has agreed to designate her legacy gift towards the Health Centre's Creative Arts Program. Ruth knew that helping others to produce wonderful art is not a function of age, but rather, it comes from the heart. One is never too old to make the world a better place by creating beauty.

Art was in Ruth's life, and now Ruth's life is in our art. **BU**

The Perley and Rideau Veterans' Health Centre Foundation

Perley Rideau
Foundation

Memorial Tributes

March 26, 2012 to July 9, 2012

Honour someone special with a donation to
The Perley and Rideau Veterans' Health Centre Foundation

Paul Allard • Lorna Archambault • Ruth Atkins

John Beaucaire • Waler Bellefeuille • Clare Bernhardt

Ron Bosquet • Irene Caron • Albert Casselman

William Cook • Cameron Crerar • Don Cruickshank

Richard Davis • Marcel Deschenes • Robert Douglass

Bob Gardam • Mona Godding • Murray Hankins

Daniel Jamer • Patricia Jelley • Charley Jessop

Jean Paul (Lally) Lalonde • Robert LeBlanc

Frank Martens • Donald McCann • Scott McCann

Clare McIntosh • John Moodie • Gordon Neil

Jack O'Neill • George Peloquin • Gordon Pitts

Joseph Poulin • Betty Reede • Bernard Renaud

Francois Richer • Jean Riffou • William Rowlandson

Donald Shufflebotham • Paul St. Pierre • M. E. Swords

Ron Thomas • Edward Thompson • Ray Torontow

Arthur Wade • William White • Richard Wilson

Together we improve
the well-being of
the people we serve

The Perley and Rideau Veterans' Health Centre is a 450-bed long-term care home with 250 beds designated for veterans

Greg Fougère
Health Centre
Chief Executive Officer

Peter Strum
Health Centre Board Chairman

Daniel G. Clapin
Foundation Managing Director

Ray Desjardins
Foundation Board Chairman

Between Us is published quarterly by the Perley Rideau Foundation to keep the community informed of the activities of the Health Centre

Writer/editor: Brant Scott
Layout: André Campeau

The Perley and Rideau Veterans' Health Centre Foundation

1750 Russell Road
Ottawa, Ontario K1G 5Z6
Tel: (613) 526-7173
Email: dclapin@prvhc.com
www.prvhc.com

For Capital Campaign information:
www.buildingchoices.ca

The poppy, as a symbol of remembrance, is a trademark of The Royal Canadian Legion. It is used here with the kind permission of the Legion.



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