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Between Us

The Perley and Rideau Veterans' Health Centre Foundation • OTTAWA, ONTARIO

With Flying Colours

By Peter McKinnon

Peter Yarema loves poetry and regularly reads from the favourite volumes he keeps in his room at the Perley and Rideau Veterans' Health Centre.

Now 95 years old, poetry has been a constant in Peter Yarema's life – a life marked by service to his country, his community and his family. A pilot during the Second World War and Korean War, Yarema later became a highly respected social worker, and a devoted husband and father.

Peter's grandparents and their young children had emigrated from the Ukraine to a Manitoba farm near the hamlet of Teulon, about 60 kilometres north of Winnipeg. Peter's first language was Ukrainian. The family later moved to Sarto, another Manitoba farm community, and Peter attended a French school, where he soon acquired a passion for the language. As an adult, he revelled in French poetry, plays and philosophy, an interest he tried in vain to inspire in his children.

"The children would joke amongst ourselves that when dad would reach for a book of poetry or plays, it was time to run and hide," recalls John, the

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The Value of a Dollar

By Peter McKinnon

The life of Bette Davis demonstrates the mix of self-reliance and community service that characterized her generation. Like many who grew up during the Depression, she learned to appreciate the value of a dollar. When she passed away in 2015, Bette capped off her busy and industrious life with a generous donation in her will that will help to improve the quality of life experienced by residents of The Perley and Rideau Veterans' Health Centre.

Bette's full name was Elizabeth Jane Davis; she was born in 1921 in Safe Harbour, a Newfoundland outport that was later abandoned during the colony's resettlement program. Her family moved to Glovertown, where her father built houses – including many that stand to this day. To further her education, Elizabeth moved to Corner Brook and studied business at St. Henry's, a Catholic school. While in Corner Brook, she met her future husband, Gerard (Jerry) Patrick McLennon, who worked at the local pulp mill.

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Estate Planning and Charity

Perley Rideau Foundation to Host Special Information Session

www.perleyrideau.ca

By Daniel Clapin, ACFRE, Executive Director

The Perley and Rideau Veterans' Health Centre Foundation



More and more Canadians recognize the advantages of gifting by Will—including a donation to charity in their Will. While most people leave the vast majority of their estate to family members, the number who donate a portion to charities that are meaningful to them continues to grow. Typically an intensely personal decision, most choose to gift by Will because this final act of kindness will have a tangible impact on the lives of others. We feel good when we know we have helped others.

I often get calls from people wanting to know more about gifting by Will. To help meet the need for relevant, accurate information, The Perley and Rideau Veterans' Health Centre Foundation will host a special session on September 29th featuring Ron Prehogan, a lawyer and succession-planning consultant; Denis Chainé, a Certified Professional Accountant;

and Dave Jackson, a supporter of the Ottawa Food Bank. The session will address relevant topics such as beneficiaries, gifts to charity, choosing a power of attorney and executor, and when to update Wills. The two men will also answer the questions of participants. The Perley Rideau Foundation is proud to present the session in partnership with Hospice Care Ottawa, National Arts Centre Foundation, Ottawa Food Bank, Ottawa Mission, Youth Services Bureau of Ottawa Charitable Foundation, and YMCA-YWCA of the National Capital Region.

When updating a Will, it can be relatively easy to include a gift to charity, although there are many factors to consider, such as the anticipated savings in estate taxes. Donations to charity can also be structured in many different ways: a set amount, for instance, a percentage of the value of one's total estate, or even a residual

amount—whatever's left over after other items are taken care of.

When people review their estate plans with a professional, they are often surprised just how sizable their estate will become once all of their assets—real-estate holdings, life-insurance policies, etc.—have been liquidated. This helps explain why people who gift by Will typically leave gifts from their estate to more than one charity, often as many as four charities.

The session is free and includes complimentary on-site parking and a light lunch. We encourage you to register early, as seating is limited. Please register by Sept. 15th by contacting Sara Francis at sfrancis@prvhc.com or 613-526-7173.

The Perley Rideau Seniors Village is comprised of a 450-bed long-term care centre (including 250 beds for veterans), 139 specially designed seniors apartments and community health care services.

We appreciate your support in making a bequest in your will and/or making a donation

**Please contact Daniel Clapin
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Centre Foundation
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Ottawa ON K1G 5Z6**

Email: dclapin@prvhc.com
Internet: www.perleyrideau.ca

Estate-Planning Forum on September 29

Event: Understanding my Will and Estate Plan: Panel discussion with lawyer, accountant and donor

Date: Friday, September 29th, 2017

Time: 9:30 a.m. registration; presentation 10:00-noon followed by a light lunch

Location: Lupton Hall, Perley Rideau Veterans' Health Centre, 1750 Russell Road, Ottawa

Registration: Sara Francis at sfrancis@prvhc.com or 613-526-7173

Registration deadline: September 15th

Governor General Attends Perley Rideau Foundation Donor Reception

This year's Perley Rideau Foundation Donor Reception welcomed two honoured guests: their Excellencies the Right Honourable David Johnston, Governor General of Canada, along with Mrs. Sharon Johnston. In his address, the Governor General spoke about the importance

of volunteerism and philanthropy. A highlight of the invitation-only event, held on April 26, was the Governor General's presentation of the Sovereign's Medal to two long-serving Perley volunteers; François Savard and Dave Hamel.



Their Excellencies The Right Honourable David Johnston, Governor General and Commander-in-Chief of Canada, and Mrs. Sharon Johnston, attended the Foundation's annual Donor Reception on April 26th. The Governor General spoke about the importance of volunteerism and philanthropy. Thank you to their Excellencies, and to all who improve the lives of residents and Veterans every day! L to R: Akos Hoffer, Health Centre CEO; Doug Brousseau, Acting Foundation Chair; Her Excellency Mrs. Sharon Johnston; His Excellency The Right Honourable David Johnston; Ron Buck, Health Centre Chair; Daniel Clapin, Foundation Executive Director.



Support our Troops was pleased to present a cheque for \$33,950 during our annual Donor Reception. The generous donation will be used to replace 20-year old furniture and flooring in a Veterans' dining room. Since 2013, Support our Troops has raised more than \$260,000 to provide life-giving equipment to Perley Rideau Veterans. L to R: Steve Fash, Canadian Forces Morale and Welfare Services (CFMWS) VP Corporate Services; Sandy Gauthier, Support Our Troops National Manager; Delphine Haslé, Foundation Development Officer; Commodore Sean Cantelon, CFMWS Director General; Dominic McAlea, Foundation Board Director.



Royal Canadian Legion Branch 638 Kanata presented a cheque for \$2,400 during the annual Donor Reception. The money will purchase a special pressure-relief mattress, ideal for preventing and healing ulcers. Thank you to RCL Branch 648 Kanata members for your ongoing generosity! L to R: Lorraine Lapensée, President; Doug Brousseau, Acting Foundation Chair; Moira Green, Poppy Campaign Chair; Doug Rowland, Poppy Trust Fund Chair.



With Flying Colours ... continued from page 1

eldest of three children.

When the war broke out, Peter enlisted in the Royal Air Force; at the time, the Royal Canadian Air Force (RCAF) was tiny, although it grew exponentially over the next seven years. Peter joined the RCAF for his third tour in Europe.

During the Second World War, Peter Yarema flew a wide variety of aircraft: from the tiny, open-cockpit Tiger Moth to the Lancaster, a four-engine behemoth. His assignments also varied considerably: from ferrying empty planes, equipment and troops, to bombing runs and reconnaissance missions. Although he often came under enemy fire, the most harrowing moment was when a flare went off in the cockpit – somehow the navigator was able to throw it out before it caused a crash.

During 1944 alone, Peter completed more than 50 bombing missions over Germany. On these missions, he served as a pathfinder: piloting a fast, twin-engine Mosquito, he and a navigator/bomb-aimer would

drop flares to mark targets for formations of bombers. Like most pilots, he was daring and brave. Peter flew with the same co-pilot dozens of combat missions; after their last flight together, the co-pilot stormed off without saying goodbye because he felt Peter had put their lives in danger too often. Approximately 10,000 Canadian airmen died during these bombing missions.

While stationed in England, he met a woman on a train: Margaret Mary Sootheran served in the Women's Auxiliary Air Force at Bletchley Park, the legendary headquarters for British codebreakers. Born into a wealthy family, Margaret had attended Queen Ethelburga's Collegiate, a swank private school. The Sootheran family was not impressed when their daughter announced her intention to marry a Canadian farm boy, even if he was a pilot. Six weeks after meeting, Margaret and Peter married; both then returned to their wartime service.

Peter Yarema's service earned



Margaret Yarema (née Sootheran)

him a Distinguished Flying Cross, although he wasn't aware of the honour until years later. When medal and citation arrived at the family home in Manitoba, Peter's mother – who spoke little English – stashed them away in a drawer, perhaps unaware of their importance.

"I don't remember much about the war now," says Peter. "I'm 95 and I've forgotten most of

it. He remembers, though," gesturing to John, the eldest of his three children.

"Dad didn't talk a lot about his wartime service when we were kids," says John Yarema, now retired and living in Winnipeg. "In recent years, I've been trying to piece it all together and it's been fascinating."

During a recent visit, father and son pored over Peter's pilot logbooks, trying to decipher the lists



DH98 Mosquito

of acronyms and numbers that document hundreds of flights and thousands of flying hours in more than a dozen different aircraft.

After the war, Peter Yarema earned his teacher's certificate, but the work didn't suit him and he re-enlisted. During the Korean War, he ferried personnel and equipment between Seattle, Japan and Korea. Along the way, the family grew: after John came Anne and Sarah. The family eventually settled in Ottawa.

"My dad is a loving, practical and reliable man," says daughter Sarah. "I have fond memories of dozing off on the couch on cold winter afternoons with him reading poetry aloud."

When Canada scaled back the

RCAF in the mid-1960s, Peter was laid off and soon began a new career as a social worker. Initially, he found it difficult, but eventually became known as one of the best and was often assigned the most difficult cases.

"I met him 1975, when I was starting my first real job," says Barbara Merriam, a work colleague and long-time friend who visits Peter regularly. "For years, we shared brown-bag lunches – Margaret would make dessert for both of us. Working with troubled families can rip your heart out, but Peter was somehow able to shield himself from that – perhaps in the same way that he learned to cope with his wartime experiences."



Peter Yarema and great-granddaughter Cecilia

Peter and Barbara share a love of poetry, plays and French philosophy. Together with Margaret Yarema, they loved to downhill ski and skate the Rideau Canal. Although eligible to retire at age 65, Peter continued to work for another eight years.

"During the latter part of his career, judges and other court officials often asked for his advice on difficult cases," recalls Barbara Merriam. "He was highly respected."

Many summers, the Yarema family would pack up their tent trailer for extended camping trips. Peter and Margaret remained active during their golden years – Peter biked into his 90s and volunteered as a driver for a local seniors' organization until he gave up his licence at age 92.

Son John remembers taking his father to the Canadian War Museum in 2007, when an exhibit about Bomber Command touched off a national controversy. The panel questioned the Allies' attempt to bomb Germany into submission from the sky. Many Veterans criticized it as revisionist history and the Museum eventually changed the text.

By late 1943, the Allies had gained control of the skies, but the Nazis exerted ruthless control over most of Europe. Bomber Command hoped to destroy Germany's industrial capacity; and while the effort achieved some success,

it came at a significant cost: dozens of cities destroyed, and hundreds of thousands of German

civilians killed, along with tens of thousands of Allied airmen.
"Seeing the exhibit with my

dad was almost overwhelming," says John Yarema. "He told me that there was no such thing as precision bombing in the 1940s and the role he had played in the deaths of so many people broke his heart."

In their later years, Peter and Margaret took comfort in their four grandchildren and one great-granddaughter. Margaret passed away in 2014 shortly before their 70th wedding anniversary; Peter, unable to cope on his own, moved into the Perley Rideau a few months later. He receives frequent visits from family, Barbara Merriam and friends from a theatre group. And he still loves to immerse himself in poetry. **BU**



Peter Yarema and son John at the Perley Rideau

Why I Donate

Our donors cite a wide variety of reasons for their generosity. To help show our sincere appreciation for each and every donation we receive, each edition of *Between Us* features a few testimonials from donors in their own words. Should you wish to share your reasons for giving, please send them to the Foundation's administrative assistant Sara Francis (613-526-7173, sfrancis@prvhc.com).

"My father was a veteran resident of Gatineau 2 North

for about 6 months this past year. Every staff member treated him with kindness, respect and the utmost compassion. They extended that same level of care to the entire family. To express my thanks, I organized a fashion show to raise money for the Perley's music-therapy programs. The event was so successful, we plan to stage another one."

- Kathy Watson-LeBlanc, Ottawa

"My husband Armand Lavigne served five-and-a-half years in England, France, Belgium, the Netherlands and Germany. I

met him in Holland we married there on February 4th, 1946. My husband died in 1997."

- Jeannette Lavigne, Ottawa

"A close friend spent time at Perley Rideau and really enjoyed the time there. I myself am a Korean Vet. I served with the US 5th Airforce as a Forward Air Controller."

- George Eaton, Nepean



CANADA 150

Planning for Long-Term Sustainability

By Akos Hoffer, Chief Executive Officer
The Perley and Rideau Veterans' Health Centre

The Perley and Rideau Veterans' Health Centre continues to take action to ensure its long-term sustainability. Good news arrived this spring, when Veterans' Affairs announced it would fund 25 beds for Other Qualified Veterans, so-called modern Veterans. Of perhaps greater importance, though, is the update of the Perley Rideau's 2010-2025 Strategic Plan including a new vision and mission.

The update is designed to address emerging demographic and healthcare trends. The population of Veterans eligible to receive long-term care funded by Veterans' Affairs Canada continues to decline rapidly. Other relevant factors affecting demand include Ontario's Aging at Home strategy and the increasingly complex healthcare needs of the residents of long-term care facilities. At the same time, governments have a limited ability to commit additional funds to long-term care, while the entire healthcare sector faces a looming shortage of qualified workers.

Our Strategic Plan involves three phases. During Phase 1 (2010-2015), we broadened the

spectrum of care that we provide; during Phase 2 (2015-2020), we've begun to adapt to the changing population of Veterans. To help accommodate changes in demand and supply, the emphasis of Phase 3 (2020-2025) will now broaden from dementia care to frailty-informed care. The Perley Rideau will become Canada's first recognized centre of excellence in frailty-informed care. Despite the shift, the Perley Rideau will continue to deliver dementia care and will continue to prioritize care for Veterans.

Updating the Strategic Plan involved a considerable amount of work, including a series of consultations with residents and their families, along with healthcare authorities and stakeholders last year. Complementing these consultations was a concerted research effort and an independent operational assessment of our long-term care services.

In March, the Perley Rideau concluded a ground-breaking agreement with Veterans Affairs Canada and the Champlain Local Health Integration Network. The agreement sets aside 25 Perley Rideau beds for the clinical and

long-term care of Other Qualified Veterans. We are grateful for the inspired leadership of Veterans Affairs, the province of Ontario, the Royal Canadian Legion and the many vocal supporters

The Perley Rideau continues to pursue a proposal that targets a specific group: elderly hospital patients who are not well enough to return home, yet who no longer need hospital care. Under a proposed pilot project known as SAFE (Sub-Acute care for Frail Elderly), these patients would transfer to a dedicated unit at the Perley Rideau and convalesce until they are well enough to return home. If approved, SAFE would enable the Perley Rideau to take another large step toward its sustainability, reinforcing our reputation as an innovative and indispensable care provider for the region.

The Health Centre is thankful for the generous support of donors.



Royal Canadian Legion Branch 627 Greely presented a cheque for \$4,000 to purchase furniture for the long corridors between the three homes and the services and shops in the Health Centre. Front row (L to R): Courtney Rock, Rural Ottawa South Support Services; Linda Wyman, Greely Legion President; Arlene Preston, Greely Legion 1st VP; Bruce Sherritt, Greely Legion Service Officer and Sergeant-at-arms for Leave the Streets Behind and Ottawa Service Bureau Assist Fund. Back row (L to R): Chantel Jolicoeur, Eastern Ottawa Resource Centre; Daniel Clapin, Perley and Rideau Veterans' Health Centre Foundation; Tom Dawson, Winchester District Memorial Hospital Foundation; and Ivan Wyman, Greely Legion Past President.

Royal Canadian Legion Branch 593 Bells Corners presented a cheque for \$5,000 to purchase dining-room furniture to improve comfort, safety and quality of life. L to R: Theresa Lemieux, Poppy Chair; Delphine Haslé, Perley Rideau Foundation Development Officer; Doug Brousseau, Perley Rideau Foundation Board Director; Ron Henderson, RCL Branch 593 Bells Corners President.



On May 12th, the Foundation hosted Senator Yonah Martin and members of the Korean Veteran Association during a tour of the Perley Rideau. The group celebrated the start of a new 25-bed program for Veterans not previously eligible for federally funded long-term care. Senator Yonah Martin (back row, third from left) poses for a photo alongside resident Veterans, representatives of the Korean Veteran Association, and Foundation staff.



On April 12th, more than 60 members of the Director General Aerospace Equipment Program Management (DGAEPM) visited the Perley Rideau to honour veterans, including two residents, with new leaves on the Tree of Life. Members of the DGAEPM also raised funds to purchase a new ice machine for a Veteran-occupied unit – must-have equipment for food safety (ice also makes it easier for some residents to swallow their medication). Thank you to all DGAEPM members for honouring veterans and supporting our residents! Foundation Executive Director Daniel Clapin personally thanked DGAEPM members.

Team Perley Rideau competed successfully during Ottawa Race Weekend, with runners in the 5k, 10k and half-marathon, raising more than \$7,600 for Perley Rideau residents and in honour of Canada 150. The money will purchase courtyard furniture.

Thank you to all the runners for your hard work, and to all who sponsored and supported the team! Four of the Perley's 14 runners posed for this post-race snapshot.

L to R: Melissa Needham, Kimberley Needham, Monica Bourque, Lisa Bourque.



Thank you to members of the Royal Canadian Legion Branch 589 Osgoode for your very generous donation of \$2,000! The donation will help purchase comfortable furniture to enable frail seniors to sit safely and enhance the accessibility to services and shops.

L to R: Peter Valdstyn, Poppy Chair; Delphine Haslé, Foundation Development Officer; Daniel Clapin, Foundation Executive Director; Elsie Hickey, Legion member.



The Royal Canadian Legion Branch 108 Winchester donated \$4,000 toward the replacement of furniture in a Veterans' dining room. Ensuring the dining rooms provide a more functional and comfortable dining experience for residents is among the Foundation's 2017 priorities. Thank you to RCL 108 Winchester members for your support!

L to R: Daniel Clapin, Foundation Executive Director; Doug Brousseau, Foundation Board Director; Delphine Haslé, Foundation Development Officer; Janet Morris, RCL Branch 108 Member; Charles Lemieux, Foundation Chair; and Jannine Atkinson, Development Officer, Leadership Giving.



Members of the Welsh family gathered to honour their parents and grandparents by placing a Silver Leaf on the Tree of Life. The ceremony enabled the family to express their appreciation for the care given to their father, and the respect shown to him as a Veteran. L to R: Terry Welsh, Pat Welsh, Tim Welsh and Jennifer Dean.

Members of resident Tom Ronan's family came across the country to commemorate the late Mrs. Betty Ronan by placing a Gold Leaf on the Tree of Life. Family members remarked that the Perley Rideau truly feels like home, because residents and staff know each other's names, and because families are involved in every aspect of resident care. The family held a reception afterwards in the Pub. Thank you to the Ronan family for your generosity!



On May 9, members of the Ottawa Garden Club gathered to celebrate the installation of two new benches that they had donated in honour of Larry and Anstace Esmonde-White. Volunteers from the Ottawa Garden Club care for the courtyards outside Rideau residence. L to R: Larry and Anstace's daughter Miranda; Kelly Noel, Ottawa Garden Club President; Larry and Anstace's son Oliver.

Linda Ball, daughter of resident Warwick Caverhill, placed a Silver Leaf on the Foundation's Tree of Life in honour of her father's creativity. Through this heartfelt ceremony, Warwick and his family thanked staff of the Creative Arts Studio for helping residents thrive every day. Thank you all! L to R: Barbara Caverhill; resident Warwick Caverhill; Sara Francis, Foundation Administrative Assistant; Linda Ball; Wyatt Boyd, Recreation and Creative Arts staff; Kathleen Johnson, Recreation and Creative Arts staff.



During the Health Centre's annual Volunteer Recognition Ceremony, the Perley Rideau Boutique presented a cheque for \$30,000. This outstanding financial support supported the purchase of four new industrial dishwashers – an urgent and unexpected need of the Health Centre. The donation will also support the Volunteer Summer Youth Program and help to inspire a new generation to care for seniors. Thank you for your exceptional support! Perley Rideau Boutique volunteers are pictured alongside Foundation staff Daniel Clapin, Executive Director (far left); Delphine Haslé, Development Officer (second from right); Sara Francis, Administrative Assistant (far right).



Kathy Watson-LeBlanc, daughter of a resident, organized a benefit fashion show at the Perley Rideau to raise money for the palliative-care music program. The show was great fun and raised \$5,000! Thank you, Kathy, for supporting this excellent therapeutic program. L to R: Carolyn Vollicks, Director of Community Outreach and Programming; Kathy Watson-LeBlanc; Delphine Haslé, Foundation Development Officer.



Thank you to the Director General Aerospace Equipment Program Management (DGAEPM) for their ongoing support of the Perley Rideau! Hurrying hard – and having a great time – during the DGAEPM Bonspiel on February 3rd were teammates: (L to R) Sara Francis, Foundation Administrative Assistant; Colonel (Ret'd) Dom McAlea, Foundation Board Director; and Dave and Terry Reeve, Perley Rideau volunteers!

The Value of a Dollar ... continued from page 1

At the time, Newfoundland was still a British colony; it joined Confederation in 1949. Jerry enlisted in the Royal Navy during the Second World War.

In 1943, Bette, like many of her peers, also enlisted, although she chose the Royal Canadian Air Force. She was assigned to RCAF Station Dunnville (near Hamilton, Ontario) for training as a dental nurse. One day, she had a surprise visit from her future husband – Jerry had hitchhiked from Philadelphia, where his submarine was undergoing repairs. After completing her training, Bette applied for a compassionate posting to Nova Scotia – RCAF Station Dartmouth (later CFB Shearwater) – so the couple could spend more time together. In 1944, Bette and Jerry married there.

After the war, the couple moved back to Corner Brook, and Jerry returned to millwork and eventually became President of Humber Valley Trades Union Council. Their first son was born in 1945, followed by two others in 1949 and 1954. Jerry enlisted in the Royal Canadian Navy during the Korean War.

When the children started full-time school, Bette began the business career that she had trained for many years earlier. She held a series of clerical and bookkeeping jobs. In the mid-1960s, the marriage dissolved and the couple divorced. By then, Bette was a bookkeeper with an industrial-supply and engineering firm in Dartmouth. To further her career, she enrolled in a Registered Industrial Accountant

program (RIA, later known as CMA for Certified Management Accountant). After several years of evening, weekend and summer courses, she earned her certification. Bette was the only woman in her graduating class of 38 students and took a job as comptroller of an engineering firm.

With her children grown, Bette focused on her career and achieved considerable success. Many considered her something of a trailblazer, as few women worked as professional accountants in Canada during the 1970s and 1980s. Bette soon landed a job with the Government of Canada's Audit Services Bureau. During the next three years, she travelled throughout the Atlantic provinces auditing the operations of various federal departments and agencies.

In 1980, Bette moved into an apartment in downtown Ottawa, where she would live the rest of her life. She enjoyed living close to Parliament Hill – "at the heart of the country," as she described it – and near the cultural centres she frequented, such as the National Arts Centre. She visited her two grandchildren regularly and left her service medals to her granddaughter Leslie in her will. They remember her as an elegant, accomplished lady.

By age 65, Elizabeth had risen to be a senior auditor with the Bureau and oversaw aspects of the financial operations of many major projects undertaken by the Canadian International Development Agency. Although eligible to retire, she continued



Bette Davis

to work until age 69. In her spare time, she volunteered with local charities and served on the board of the Ottawa Seniors' Council for many years. She managed her money carefully throughout her life.

"Shortly before she passed away, she wrote a cheque to cover next month's rent," recalls her youngest son, Bryan, who held power of attorney and served as executor of her will. "Although she lost some of her memory in her 90s, she was always sharp as a tack when it came to her finances."

Bryan remembers that his mother, during her later years, often mentioned the Perley and Rideau Veterans' Health Centre and the good work that they did in caring for Veterans. Bette left substantial amounts in her will to two charities, including the Perley Rideau Foundation.

"I wasn't surprised to learn that my mother made gifts to charity in her will," says Bryan. "She always appreciated the value of a dollar and knew her donation would be put to good use." BU

Why I Volunteer

Nearly 400 men and women volunteer regularly at the Perley Rideau, and significantly improve residents' quality of life. We are pleased to share, in their own words, why volunteers choose to donate their time and skills. Think you might be interested in getting involved? Please contact Rachel Stoparczyk, Coordinator Volunteer Services, at 613-526-7170 ext. 2356 or by email volunteer@prvhc.com.

For more information, select "volunteering" from the Perley Rideau home page <https://www.perleyrideau.ca/health-centre>.

François Savard, a WWII veteran and volunteer since 1993, has this to say about visiting resident veteran William Cosway.

"I looked him up and we have become great buddies. We swap stories about my time in England and his in India, about our lives and families since that war. We

have a great time together. He's a great fellow"

"I get to work with the veterans, which is my personal interest. When I graduate from high school I want to become an army officer, so I kind of fit in here."

Julian Robinson, high-school student and Creative Arts Volunteer since 2016

Inspired by Dad's Service

Charles Beddoe was determined to follow in the footsteps of his father, who served in the Second Battalion of the Canadian Expeditionary Force during World War I. Charles enlisted soon after Canada declared war on Germany in 1939 and served as a combat cameraman and as a messenger in naval intelligence.

"My father, Allan Beddoe, was captured during the second battle of Ypres and spent more than two years in German prisoner-of-war camps," says Charles Beddoe, a 97



Charles Beddoe at the Perley Rideau in May, 2017.



Alan Beddoe at a POW camp in Giessen, Germany in May of 1916.

year-old resident of the Perley and Rideau Veterans' Health Centre. "They eventually transferred him as an exchange prisoner to Switzerland. He met and married my mother in Geneva before moving back to Canada."

Charles Beddoe honoured his father's war service by enlisting. As we commemorate the 100th anniversary of World War I and the Battle of Vimy Ridge, you can honour Canada's Veterans by supporting the Perley Rideau Foundation.

16th Annual Perley Rideau Night at the Races

Night at the Races Sets New Record

The Foundation is pleased to announce that the 16th annual Night at the Races set a new record by raising more than \$49,000 net! Sponsors, staff, families and friends all came together to make

this possible – and to have a fabulous evening of delicious food, exciting silent auctions and harness racing! Thank you to all who attended and supported the event.



Representatives of the sponsors of Race # 8 – Viking Fire – and Bob Publicover, Foundation Board Director (far right) pose alongside the winning horse and jockey.



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The Perley and Rideau Veterans' Health Centre Foundation

Memorial Tributes

January 15, 2017 to May 29, 2017

Honour someone special with a donation to The Perley and Rideau Veterans' Health Centre Foundation

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